



**“IF I CAN DO
THIS, I CAN DO
ANYTHING!”™**



MISSION

To provide affordable, inclusive physical and recreational activities that build health, confidence, and independence.



“ I’m really glad Achieve Tahoe was able to open up this year because missing a year while learning how to mono ski would have set me back. Coming from a skiing family, learning to ski again after my accident brings me a lot of happiness. Regaining the ability to ski and to be able to independently ski again with my family is my top goal. I’ve been coming almost every weekend and Achieve Tahoe has helped me learn because of the great instructors who are able to watch my body mechanics and teach me how to adjust.”

GUS, ACHIEVE TAHOE PARTICIPANT



MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Achieve Tahoe Supporter,

I can safely state that our fiscal year ending September 30, 2021, was a tale of two halves. We were not sure what to expect when we hit the slopes in the winter of 2021, nine months after the COVID-19 shutdown. After four years of steady growth in the number of lessons we provided, winter 2021 became our least busy season in ten years. Despite the challenges relating to the pandemic, we successfully opened a “storefront” program center in the Village at Northstar and we helped our instructors earn a record number of certifications through the Professional Ski Instructors of America and Association of American Snowboard Instructors. I’m proud of and grateful to our team of volunteers and staff who safely navigated the winter of 2021 so that we could continue to serve our participants.

As the vaccine became available and demand for outdoor recreation grew during the spring of 2021, we set our sights on summer programming. In May of 2021, we promoted five part-time employees to full-time status and increased our training for our staff and volunteers to focus on our goal of increasing accessible summer activities in the North Lake Tahoe area.

With the support of new staff, grants, donors, local venue partners (most notably Tahoe City Public Utility District, The Truckee Donner Recreation and Park District and the Tahoe Donner Association), and willing volunteers, we were able to offer three new programs: archery, climbing, and equestrian. These complemented our growing hiking, kayaking, sailing, water skiing and Sierra Summer Sports at Donner Lake programs.

We continued to build on family participation in summer programming, such as that experienced by the Reyes-Acosta family story in this report. Despite challenges due to the pandemic and smoke from wildfires in the Sierra Nevada, we conducted a record 75 days of programming in the summer of 2021, the most in our history!

The success of this past fiscal year was unmistakably possible thanks to our individual donors, businesses and community partnerships, and foundations that believe in our mission of building health, confidence, and independence in people with disabilities.

The progress we made over the past year is part of our larger goal to help more people with disabilities enjoy year-round outdoor activities in the region. As we look toward this new year, I look forward to keeping you up to date on what strides we will be making to increase accessibility in the North Lake Tahoe area.

Thank you for your ongoing support during these times.

Sincerely,

Haakon Lang-Ree
Executive Director



“ Despite challenges due to the pandemic and smoke from wildfires in the Sierra Nevada, we conducted a record 75 days of programming in the summer of 2021, the most in our history!

ALZHEIMER'S
FRAGILE X

INTELLECTUAL
DISABILITY SEIZURES

AUTISM
SPECTRUM
DISORDER

CORNELIA
DE LANGE

ADHD

SENSORY INTEGRATION DISORDER

PTSD

STROKE

DEAFNESS

RETT SYNDROME

CHARCOT
MARIE
TOOTH

BRAIN TUMOR

CHROMOSOMAL ABNORMALITY

DOWN SYNDROME

EMOTIONAL DISORDER

HEMI-PLEGIA/PARESIS

PHOCOMELIA- CONGENITAL LIMB DIFFERENCES

DYSLEXIA

POLYMICROGYRIA

MM-MITOCHONDRIAL MYOPATHY

ACQUIRED BRAIN INJURY

ARTHROGRYPOSIS

SPINA BIFIDA

EPILEPSY

AUDITORY PROCESSING

MULTIPLE SCLEROSIS

FRIEDREICH'S ATAXIA

ATAXIA-CEREBELLAR

MUSCULAR DYSTROPHY

PRADER-WILLI

JOUBERT
SYNDROME

CEREBRAL PALSY

AMPUTATION

HYDROCEPHALUS

LEARNING DISABILITY

WILLIAM'S SYNDROME

FSP-FAMILIAL SPASTIC PARALYSIS

BLINDNESS-LOW VISION

CHROMOSOMAL DELETION

GLOBAL DEVELOPMENTAL DELAY

TUBEROUS SCLEROSIS COMPLEX

SPINAL CORD INJURY

CHARGE SYNDROME

SPEECH IMPAIRMENT



↑ This image represents most of the disabilities we served in 2020–2021. The size of the word is proportional to the number of individuals with that disability.

2020-2021 IMPACT

OVERVIEW

TOTAL NUMBER
OF PEOPLE SERVED

443

TOTAL NUMBER
OF LESSONS

1,993

TOTAL NUMBER
OF PROGRAM DAYS

202

YOUTH

57%

ADULT

43%

VOLUNTEERS

Number of
VOLUNTEERS

191

HOURS DONATED
BY VOLUNTEERS

8,643

DAYS DONATED
BY VOLUNTEERS

1,767

Percentage of
SNOWSPORTS
VOLUNTEER HOURS
SPENT ON TRAINING

30%

PROGRAMS OFFERED

SNOWSPORTS

Private adaptive ski and snowboard lessons ran from December to April at the following ski resorts: Palisades Tahoe (Olympic Valley), Alpine Meadows and Northstar.

NUMBER OF PARTICIPANTS: 313*

NUMBER OF LESSONS: 1,222

SUMMER PROGRAMS

Adaptive summer programs ran from June to September and included hiking, archery, climbing, paddle sports, equestrian, sailing and waterskiing. We also held various multi-sport day camps in the Tahoe area.

NUMBER OF PARTICIPANTS: 171*

NUMBER OF LESSONS: 771

**Number of participants include 41 individuals that participated in both the summer and winter programs.*



MILITARY

We offer year-round discounts, scholarships and all-expense-paid sports camps to our military Veterans and active-duty service members with permanent disabilities.

VOLUNTEERS

We could not do what we do without our amazing volunteers! We want to thank every one of the 191 individuals who dedicated an average of 45 hours each to help the hundreds of children and adults with disabilities we served in the 2020-21 year.

FRANCES' STORY

IN THE SUMMER OF 2021, the Reyes-Acosta family decided it was time to get outside again. Though they had grown up an active family, it had been 20 years since Frances and her daughters, Dani and Kika, had recreated together.

"Participating as a family was a great motivator for me," said Frances. "I have multiple sclerosis. My grown children and I don't often have opportunities to get together. This will be a fond memory. My daughters got a chance to experience and applaud my progress. This memory tags onto how they remember me jogging on the beach, swimming in the ocean, camping, and skiing. It was an opportunity to say it's all here, I'm all here, and I'm ready to move forward. The use of the GRIT Freedom Chair...made the experience all the more exciting because I did it by myself to keep up with my family. I loved that I was able to 'show off' health and mobility. This could be a stepping stone to other activities."

Photos by Andrew Lizotte in collaboration with Deuter USA



“...it's all here, I'm all here, and I'm ready to move forward.”



STAFF

HAAKON LANG-REE
Executive Director

CINDY SMITH
Administrative Director

MICHAEL HUNTER
Program Director

MARINA GARDINER
Guest Services Director

SCOTT BEHRENS
Program Coordinator

JOSEPHINE CORMIER
Communications and
Program Coordinator

LAUREL HOWE
Program Coordinator

ELIZABETH KOEWLER
Volunteer and Program
Coordinator

DEMI LATHAM
Program Coordinator

RISA MATSUMURA
Guest Services and
Program Coordinator

2020-21 INTERNS

TAYLOR COWAN

JEYNA DOSHI

KAREN PIERCE

AVERY RODNY



BOARD OF DIRECTORS

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Director

DOUG PRINGLE
Chairman Emeritus





“ Achieve Tahoe allows Katie to do more physical activities, which are a challenge for her. These activities give her confidence. She knows she can do this! ...and the program is a great social outlet for her.”

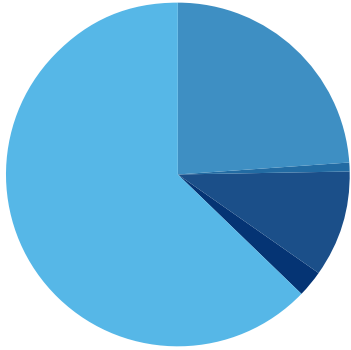
**JOHN, FATHER
OF LONG-TIME
PARTICIPANT, KATIE.**

COMMUNITY SUPPORTERS

Squaw Valley | Alpine Meadows
GCX Corporation
Move United
Alpenglow Sports
Odyssey Foundation
Richard R. Reed Foundation
Tahoe Truckee Community Foundation
Northstar California
The Auld Dubliner
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RenoType
Martis Camp Community Foundation
Vail Resorts EpicPromise
Goodway Cares
Apple Matching Gifts Program
DPKS Charitable Fund
Fifth Generation Inc
Tahoe City Public Utility District
AdventureSmith Explorations
WAWOS
Google Matching Gifts Program
Tremigo
Salesforce.org

Bank of America Charitable Foundation
Intuit
Technical Equipment Cleaners
We Mail For You, Inc.
Tahoe Sierra Board of Realtors Foundation
Atlassian
Donna Walton's Hair
Southwest Gas Corporation Foundation
Swinerton
Texas Instruments Foundation
Morningstar Park
Airbnb
Microsoft Matching Gifts Program
California Pizza Kitchen
Amazonsmile Foundation
McKinsey
Sierra Nevada Brewing Co
Nisei Ski Club c/o F. Chang
Sacramento Region Community Foundation
Tahoe Mountain Air Sports
Plantronics
Gogglesoc
Genentech
Auerbach Engineering
The Zalec Family and Lilian Levinson Foundation
Hellman Family Fund
Irving and Sara Selis Foundation
Michael B. Wood Foundation
Rogers Family Fund
Homewood Mountain Resort
The Andre Family Charitable Fund

FINANCIALS



INCOME

Donations (individual and business)	\$ 1,033,648	63.05%
Grants	389,917	23.79%
Special Events	13,188	0.8%
Fees for Service	163,427	9.97%
Other (interest and merchandise)	39,116	2.39%

Total Income **\$ 1,639,296**

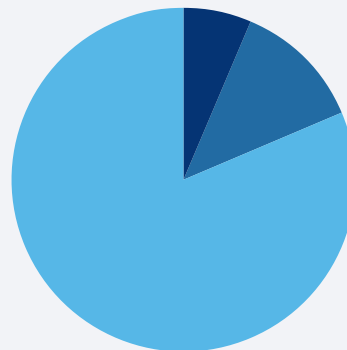
IN-KIND SUPPORT*

Volunteer Time (based on Federal \$28/hr rate) **\$ 229,376**

Other In-Kind (i.e. venues, facilities, technology, etc.) **\$ 110,505**

Total In-Kind **\$ 339,881**

*Goods or services given to Achieve Tahoe at no cost.



EXPENSES

Programs	\$ 1,013,327	81.65%
Fundraising	78,681	6.34%
Admin	149,057	12.01%

Total Expenses **\$1,241,065**

THANK YOU!

Photo by Andrew Lizotte in collaboration with Deuter USA



[AchieveTahoe.org](https://www.AchieveTahoe.org) | PO Box 8339, Truckee, CA 96162 | 530.581.4161