



Achieve Tahoe Summer Programs 2021 Volunteer Opportunities

Questions? Contact volunteer@achievetahoe.org or 530.581.4161 x5

Position(s) Overview and Impact: Assist individuals with disabilities participating in summer sports such as adaptive waterskiing, adaptive flat water paddling (kayaking, canoeing, paddle boarding), hiking, archery, equestrian, climbing or sailing. Volunteers will work directly with participants, helping them to find success in each activity.

General Qualifications: It is not necessary for you to have experience teaching people with disabilities, however **applicants must possess strong swimming skills and be comfortable in the water for a prolonged period of time for all water based programs and/or have experience and competency in the land based programs.** As a 501©(3) non-profit, we ask that each volunteer be committed to fundraising in a way that is meaningful to them, so that we are able to uphold our mission statement of keeping their recreational opportunities affordable for individuals with disabilities. All volunteers must be fully vaccinated against COVID-19 and provide proof of vaccination.

Training and Support Provided: Achieve Tahoe offers all the training necessary to become a summer programs volunteer. All volunteers are required to attend volunteer training specific to the programs they are interested in – please review the specific training dates and requirements listed below.

Benefits of Volunteering: You will be helping Achieve Tahoe provide recreational opportunities to people with disabilities who would not otherwise be able to participate in. You will be making a positive impact on someone's life every time you volunteer.

To Apply: Fill out a volunteer profile at <https://www.achievetahoe.org/volunteer/volunteer-opportunities/how-to-apply/> or email volunteer@achievetahoe.org. All applicants will be contacted for an interview.

1. Sierra Summer Sports Paddle Instructor

Location: Donner Lake, Truckee

1. Help set-up the activity site, including hauling kayaks/paddleboards to and from the beach. Must be comfortable carrying 50lbs with proper body mechanics.
2. Assist participants in a variety of activities such as jet skiing, tubing, kayaking, paddle boarding, canoeing and beach games.
3. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
4. Work for extended hours in the sun and heat or other variable conditions.
5. Engage participants throughout the day to try each activity, in a safe and educational environment.
6. Help clean-up the activity site at the end of the day.
7. The minimum commitment we ask of our volunteers for our **Sierra Summer Sports** program is 5 days (including the mandatory paddle training).

- Paddle Training Date (1 day required): **June 11th and 12th, 2021 at the Tahoe Vista Boat Launch**
- Sierra Summer Sports Program Dates: **July 8th, 9th, 10th, 11th, 15th, 16th, 17th, 18th; August 5th, 6th, 7th, 8th, 13th, 14th, 15th, 2021**

2. Sierra Summer Sports Boat Owner & Driver

Location: Donner Lake, Truckee

1. Launch your boat on Donner Lake. Safely take participants with disabilities and their friends/family on tube rides around the west end of Donner Lake.
2. Follow Achieve Tahoe safety guidelines. An observer will be provided for the day if needed.

3. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 4. Achieve Tahoe provides the tubes, observer, and can also pay for gas, registration, etc.
 5. If you are interested in this opportunity, please reply to volunteer@achievetahoe.org so we can set up a time to talk on the phone.
 6. The commitment we ask of our volunteers for our Sierra Summer Sports Boat Owner/Driver position is **3 consecutive days**.
- Sierra Summer Sports Program Dates: **July 8th, 9th, 10th, 11th, 15th, 16th, 17th, 18th; August 5th, 6th, 7th, 8th, 13th, 14th, 15th, 2021**

3. Water-Skiing Instructor

Location: *Private Water Ski Lake at [Wake Island](#), North Sacramento*

1. You will assist with the set up and tear down of the program
 2. Fit participants into proper gear and provide instruction.
 3. Work for extended hours in the sun and heat or other variable conditions
 4. Be comfortable in the water for prolonged periods of time
 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 6. Work as a starter*/jumper*
 - a. Starter – assists the skier to attain the correct body position for starting and may assist the skier with balance while waiting for the start. A water Starter may “drag” a short distance behind the skier to assist with balance after the skier starts. Upon the conclusion of the lesson, Water Starters will meet or “catch” the returning skier and assist him/her to the shoreline. This position requires strong swimmers and individuals that will be comfortable getting in and out of the water for long periods of time
 - b. Jumper -Jumpers perform all the duties of water starters with the extra task of entering the water from a chase boat to assist a skier that has fallen. The jumper is the first person to get to a fallen skier and should be trained in emergency water safety techniques. Although injuries are very rare, skiers that have just fallen may be frightened or disoriented.
- The minimum commitment we ask of our volunteers for our **water-skiing** program is **6 days** (including two mandatory training days).
 - Water Ski Training Dates (2 required for new water ski volunteers, 1 required for returning water ski volunteers): **June 4th and 5th, 2021**
 - Water Ski Program Dates: **July 23rd, 24th, 25th, 30th, 31st; August 1st, 27th, 28th, 29th, 2021**

4. Hiking & Archery Program Instructor

Location: *Various locations throughout North Lake Tahoe*

1. Arrive to the meeting location with own hiking supplies and proper equipment. All volunteers must wear appropriate footwear. All archery equipment is provided.
 2. Assist participants in hiking and encouraging them along the trail. Assist in the set up and break down of the archery equipment, as well as instructing participants in archery.
 3. Work for extended hours in the sun and heat or other variable conditions.
 4. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 5. Engage participants throughout the day in conversation and share local information, in a safe and educational environment.
 6. Help clean-up the activity site at the end of the day.
 7. The minimum commitment we ask of our volunteers for our **Hiking & Archery** program is 5 days (including the mandatory hiking and archery training).
 8. You must sign up for all training and program shifts on [MyImpactPage](#). Meeting location details will be emailed at least 48 hours in advance.
- Hiking & Archery Training Dates (1 day required): **June 18th and 19th, 2021 at Squaw Valley (hiking) and Alpine Meadows (archery)**

- Hiking & Archery Program Dates: **June 25th, 27th; July 9th, 11th, 16th, 18th, 23rd, 25th, 30th; August 6th, 8th, 13th, 15th, 20th, 22nd, 2021**

5. **Equestrian Program Horse Handler**

Location: Alder Creek Adventure Center, Truckee

1. Arrive to the equestrian center with own supplies and proper equipment. All volunteers must wear closed-toed shoes with a heel.
 2. Horse handlers must have horse experience including how to groom, tack and catch a horse in pasture and a demonstrated aptitude for working with horses.
 3. Must be able to walk or jog in sand for up to 2 hours. Must have strong hearing, eyesight and communication skills. Must be able to take and follow directions well. Must be able to stay aware of the environment and respond accordingly.
 4. Work for extended hours in the sun and heat or other variable conditions.
 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 6. Help clean-up the activity site at the end of the day.
 7. The minimum commitment we ask of our volunteers for our **Equestrian** program is 4 days (including the mandatory training day).
 8. You must sign up for all training and program shifts on [MyImpactPage](#).
- Horse Handler Training Date: **June 17th 8:30am-12:30pm; August 14th 8:30am – 1:30pm**
 - Equestrian Program Dates: **August 26th; September 2nd, 9th, 16th, 23rd, 30th, 2021**. Each program day is from 8:30am-1:30pm.

6. **Equestrian Program Sidewalker**

Location: Alder Creek Adventure Center, Truckee

1. Arrive to the equestrian center with own supplies and proper equipment. All volunteers must wear closed-toed shoes with a heel.
 2. Side walkers do not need to have extensive horse experience but must be comfortable standing and walking next to the horse while assisting the participant.
 3. Must be able to walk or jog in sand for up to 2 hours. Must have strong hearing, eyesight and communication skills. Must be able to take and follow directions well. Must be able to stay aware of the environment and respond accordingly.
 4. Work for extended hours in the sun and heat or other variable conditions.
 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 6. Help clean-up the activity site at the end of the day.
 7. The minimum commitment we ask of our volunteers for our **Equestrian** program is 4 days (including the mandatory training day).
 8. You must sign up for all training and program shifts on [MyImpactPage](#).
- Sidewalker Training Date: **June 15th; August 14th 8:30am-1:30pm**
 - Equestrian Program Dates: **August 26th; September 2nd, 9th, 16th, 23rd, 30th, 2021**. Each program day is from 8:30am-1:30pm.

7. **Climbing Program Primary Instructor**

Location: Truckee Rec Center

1. Attend AMGA Climbing Wall Top Rope certification training or already possess this certification or above.
2. Arrive to location with own supplies and proper equipment. All volunteers must wear appropriate footwear.
3. Assist program coordinator in leading the ground school for participants.
4. Assist participants and lead lessons in adaptive climbing and finding success in group and solo lessons.
5. Abide by all Achieve Tahoe policies regarding safety and COVID-19.
6. Help clean-up the activity site and inventory equipment at the end of the day.
7. The minimum commitment we ask of our volunteers for our Climbing program is 6 days (including the mandatory 3 training days).
8. You must sign up for all training and program shifts on [MyImpactPage](#).

- Climbing Training Dates (all 3 days required): **June 23rd-25th, 2021.**
- Program Dates with Participants: **July 15th, 22nd, 29th; August 5th, 12th, 19th, 26th, 2021 from 3:00 -6:30 pm. July 17th, 24th, 31st; August 7th, 14th, 21st, 28th, 2021 from 12:00pm – 3:30pm.**

8. Climbing Program Secondary Instructor:

Location: Truckee Rec Center

1. Attend Achieve Tahoe training date for secondary volunteers.
 2. Attain a belay check-off at the program site before Achieve Tahoe program dates.
 3. Arrive to location with own supplies and proper equipment. All volunteers must wear appropriate footwear.
 4. Assist participants in adaptive climbing and finding success with the support of a primary instructor.
 5. Abide by all Achieve Tahoe policies regarding safety and COVID-19.
 6. Help clean-up the activity site and inventory equipment at the end of the day.
 7. The minimum commitment we ask of our volunteers for our Climbing program is 6 days (including the mandatory training day).
 8. You must sign up for all training and program shifts on [MyImpactPage](#).
- Climbing Training Dates Specific to Secondary Instructors: **July 10th, 2021** (10:00am – 2:00pm)
 - Program Dates with Participants: **July 15th, 22nd, 29th; August 5th, 12th, 19th, 26th, 2021 from 3:00 -6:30 pm. July 17th, 24th, 31st; August 7th, 14th, 21st, 28th, 2021 from 12:00pm – 3:30pm.**

9. Adaptive Sailing Lead Instructor:

Location: Obexer's Marina, West Shore Lake Tahoe

- The commitment to becoming an Achieve Tahoe Adaptive Sailing Instructor is a multi-year commitment.
 1. Arrive to the marina with proper equipment.
 2. Lead instructor must have a current Level 1 Small Boat Instructor certification from US Sailing or above and attend 1 Achieve Tahoe Sailing Training day. Experience working with people with disabilities is required, including ability to help transfer an adult participant.
 3. Must possess strong sailing skills, including the ability to independently sail a small boat. Must have strong swimming skills and be comfortable in water for extended periods of time.
 4. Work for extended hours in the sun, heat, and water, or other variable conditions.
 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 6. Help launch vessels and retrieve them, including cleaning up the activity site at the end of the day.
 7. The minimum commitment we ask of our volunteers for our **Sailing** program is 4 days (including the mandatory training day).
 8. You must sign up for all training and program shifts on [MyImpactPage](#).
- Training Dates (1 day required): **June 26th and July 7th 9:30am - 4:30pm**
- Sailing Program Dates: **June 29th, 30th; July 1st, 2nd, 13th, 14th, 15th, 16th, 27th, 28th, 29th; August 3rd, 4th, 5th, 6th, 10th, 11th, 12th, 13th, 17th, 18th, 19th, 20th, 2021.** Each day is 9:30am - 4:30pm.

10. Adaptive Sailing Assistant Instructor:

Location: Obexer's Marina, West Shore Lake Tahoe

- The commitment to becoming an Achieve Tahoe Adaptive Sailing Instructor is a multi-year commitment.
 1. Arrive to the marina with proper equipment.
 2. Assistant instructor attend 1 Achieve Tahoe Sailing Training day. Experience working with people with disabilities is required, including ability to help transfer an adult participant.
 3. Must possess strong sailing skills, including the ability to independently sail a small boat. Must have strong swimming skills and be comfortable in water for extended periods of time.
 4. Work for extended hours in the sun, heat, and water, or other variable conditions.
 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
 6. Help launch vessels and retrieve them, including cleaning up the activity site at the end of the day.

7. The minimum commitment we ask of our volunteers for our **Sailing** program is 4 days (including the mandatory training day).
 8. You must sign up for all training and program shifts on [MyImpactPage](#).
- Training Dates (1 day required): **June 26th and July 7th 9:30am - 4:30pm**
 - Sailing Program Dates: **June 29th, 30th; July 1st, 2nd, 13th, 14th, 15th, 16th, 27th, 28th, 29th; August 3rd, 4th, 5th, 6th, 10th, 11th, 12th, 13th, 17th, 18th, 19th, 20th, 2021.** Each day is 9:30am - 4:30pm.