

# **Achieve Tahoe Summer Programs 2021 Volunteer Opportunities**

Questions? Contact volunteer@achievetahoe.org or 530.581.4161 x5

**Position(s) Overview and Impact:** Assist individuals with disabilities participating in summer sports such as adaptive waterskiing, adaptive flat water paddling (kayaking, canoeing, paddle boarding), hiking, archery, equestrian, climbing or sailing. Volunteers will work directly with participants, helping them to find success in each activity.

General Qualifications: It is not necessary for you to have experience teaching people with disabilities, however applicants must possess strong swimming skills and be comfortable in the water for a prolonged period of time for all water based programs and/or have experience and competency in the land based programs. As a 501©(3) non-profit, we ask that each volunteer be committed to fundraising in a way that is meaningful to them, so that we are able to uphold our mission statement of keeping their recreational opportunities affordable for individuals with disabilities.

**Training and Support Provided:** Achieve Tahoe offers all the training necessary to become a summer programs volunteer. All volunteers are required to attend volunteer training specific to the programs they are interested in – please review the specific training dates and requirements listed below.

**Benefits of Volunteering:** You will be helping Achieve Tahoe provide recreational opportunities to people with disabilities who would not otherwise be able to participate in. You will be making a positive impact on someone's life every time you volunteer.

**To Apply:** Fill out a volunteer profile at <a href="https://www.achievetahoe.org/volunteer/volunteer-opportunities/how-to-apply/">https://www.achievetahoe.org/volunteer/volunteer-opportunities/how-to-apply/</a> or email <a href="mailto:volunteer@achievetahoe.org">volunteer@achievetahoe.org</a>. All applicants will be contacted for an interview.

## 1. <u>Sierra Summer Sports Paddle Instructor</u>

#### Location: Donner Lake, Truckee

- 1. Help set-up the activity site, including hauling kayaks/paddleboards to and from the beach. Must be comfortable carrying 50lbs with proper body mechanics.
- 2. Assist participants in a variety of activities such as jet skiing, tubing, kayaking, paddle boarding, canoeing and beach games.
- 3. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
- 4. Work for extended hours in the sun and heat or other variable conditions.
- 5. Engage participants throughout the day to try each activity, in a safe and educational environment.
- 6. Help clean-up the activity site at the end of the day.
- 7. The minimum commitment we ask of our volunteers for our **Sierra Summer Sports** program is 5 days (including the mandatory paddle training).
- Paddle Training Date (1 day required): June 11th and 12th, 2021 at the Tahoe Vista Boat Launch
- Sierra Summer Sports Program Dates: July 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>; August 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 2021

#### 2. Sierra Summer Sports Boat Owner & Driver

#### Location: Donner Lake, Truckee

- 1. Launch your boat on Donner Lake. Safely take participants with disabilities and their friends/family on tube rides around the west end of Donner Lake.
- 2. Follow Achieve Tahoe safety guidelines. An observer will be provided for the day if needed.
- 3. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
- 4. Achieve Tahoe provides the tubes, observer, and can also pay for gas, registration, etc.

- 5. If you are interested in this opportunity, please reply to <u>volunteer@achievetahoe.org</u> so we can set up a time to talk on the phone.
- 6. The commitment we ask of our volunteers for our Sierra Summer Sports Boat Owner/Driver position is **3** consecutive days.
- Sierra Summer Sports Program Dates: **July** 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>; **August** 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 2021

## 3. Water-Skiing Instructor

#### Location: Private Water Ski Lake at Wake Island, North Sacramento

- 1. You will assist with the set up and tear down of the program
- 2. Fit participants into proper gear and provide instruction.
- 3. Work for extended hours in the sun and heat or other variable conditions
- 4. Be comfortable in the water for prolonged periods of time
- 5. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
- 6. Work as a starter\*/jumper\*
  - a. Starter assists the skier to attain the correct body position for starting and may assist the skier with balance while waiting for the start. A water Starter may "drag" a short distance behind the skier to assist with balance after the skier starts. Upon the conclusion of the lesson, Water Starters will meet or "catch" the returning skier and assist him/her to the shoreline. This position requires strong swimmers and individuals that will be comfortable getting in and out of the water for long periods of time
  - b. Jumper -Jumpers perform all the duties of water starters with the extra task of entering the water from a chase boat to assist a skier that has fallen. The jumper is the first person to get to a fallen skier and should be trained in emergency water safety techniques. Although injuries are very rare, skiers that have just fallen may be frightened or disoriented.

The minimum commitment we ask of our volunteers for our **water-skiing** program is **6 days** (including two mandatory training days).

- Water Ski Training Dates (2 required for new water ski volunteers, 1 required for returning water ski volunteers):
  June 4<sup>th</sup> and 5<sup>th</sup>, 2021
- Water Ski Program Dates: July 23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup>; August 1<sup>st</sup>, 27<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup>, 2021

#### 4. Hiking & Archery Program Instructor

#### Location: Various locations throughout North Lake Tahoe

- 1. Arrive to the meeting location with own hiking supplies and proper equipment. All volunteers must wear appropriate footwear. All archery equipment is provided.
- 2. Assist participants in hiking and encouraging them along the trail. Assist in the set up and break down of the archery equipment, as well as instructing participants in archery.
- 3. Work for extended hours in the sun and heat or other variable conditions.
- 4. Abide by all current Achieve Tahoe policies regarding safety and COVID19.
- 5. Engage participants throughout the day in conversation and share local information, in a safe and educational environment.
- 6. Help clean-up the activity site at the end of the day.
- 7. The minimum commitment we ask of our volunteers for our **Hiking & Archery** program is 5 days (including the mandatory hiking and archery training).
- 8. You must sign up for all training and program shifts on <a href="MylmpactPage">MylmpactPage</a>. Meeting location details will be emailed at least 48 hours in advance.
- Hiking & Archery Training Dates (1 day required): June 18<sup>th</sup> and 19<sup>th</sup>, 2021
- Hiking & Archery Program Dates: June 25<sup>th</sup>, 27<sup>th</sup>; July 9<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 18<sup>th</sup>, 23<sup>rd</sup>, 25<sup>th</sup>, 30<sup>th</sup>; August 6<sup>th</sup>, 8<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup>, 20<sup>th</sup>, 22<sup>nd</sup>, 2021

## 5. Equestrian Instructor

#### Location: Tahoe Donner Equestrian Center, Truckee

During the summer of 2021 we are launching a pilot versions of our equestrian program. We have very limited space for volunteers. All interested volunteers must have current and extensive experience in horseback riding and must commit to 1 required training day. If you are interested in joining this program, please email <a href="mailto:volunteer@achievetahoe.org">volunteer@achievetahoe.org</a> with the subject line "Equestrian Volunteer Applicant" with a short bio about your experience with horseback riding.

### 6. Climbing Instructor

#### Location: Truckee

During the summer of 2021 we are launching a pilot versions of our climbing program. We have very limited space for volunteers. All interested volunteers must have current and extensive experience with climbing and must commit to 3 required days of training on **June 23<sup>rd</sup>-25<sup>th</sup>**, **2021**. If you are interested in joining this program, please email <u>volunteer@achievetahoe.org</u> with the subject line "Climbing Volunteer Applicant" with a short bio about your experience with rock climbing.

## 7. Sailing Instructor

#### Location: West Shore of Lake Tahoe

During the summer of 2021 we are launching a pilot versions of our sailing program. We have very limited space for volunteers. All interested volunteers must have current and extensive experience in sailing and must commit to required training days. If you are interested in joining this program, please email <a href="mailto:volunteer@achievetahoe.org">volunteer@achievetahoe.org</a> with the subject line "Sailing Volunteer Applicant" with a short bio about your experience with sailing.