



Hiking Summer 2020 Volunteer Opportunities

Questions? Contact Camille Cauchois, Program Manager at camille@achievetahoe.org or 530-581-4161x5

Position(s) Overview and Impact: Assist individuals with disabilities participating in hiking. Volunteers will accompany staff on guided hikes and work with participants, helping them to find success in hiking and engage them with information and activities along the trail.

General Qualifications: It is not necessary for you to have experience teaching people with disabilities, however **applicants must possess strong hiking skills, have the ability to hike at least 5 miles on a variety of trail types and be comfortable on the trail in a variety of weather and conditions for a prolonged period of time.** All volunteers will be required to submit a background check once accepted into the volunteer program.

Training and Support Provided: Achieve Tahoe offers all the training necessary to become a hiking volunteer. All volunteers are required to attend 1 day of hiking training in June.

Benefits of Volunteering: You will be helping Achieve Tahoe provide recreational opportunities to people with disabilities who would not otherwise be able to participate in. You will be making a positive impact on someone's life every time you volunteer.

To Apply: Fill out a volunteer profile at <https://www.achievetahoe.org/support/volunteer> or email camille@achievetahoe.org.

Hiking Program Co-Instructor

Location: *Various locations throughout North Lake Tahoe*

1. Arrive to the meeting location with own supplies and proper equipment. All volunteers must wear appropriate footwear.
2. Assist participants in hiking and encouraging them along the trail.
3. Work for extended hours in the sun and heat or other variable conditions.
4. Abide by all Achieve Tahoe policies regarding safety and COVID19, which include but are not limited to temperature checks, masks, hand washing and cleaning protocols, and mandatory distancing while on the hike.
5. Engage participants throughout the day in conversation and share local information, in a safe and educational environment. Volunteers are also responsible for setting a good and positive example for following Achieve Tahoe COVID19 policies.
6. Help clean-up the activity site at the end of the day.
7. The minimum commitment we ask of our volunteers for our **Hiking** program is 3 days (including the mandatory hiking training).
8. All volunteers are welcome to join our "community hikes" which are open to volunteers only. You can join the community hikes even if you are not planning to volunteer with the hiking program this summer.
9. You must sign up for all training, program days and community hike shifts on [MyImpactPage](#). Meeting location details will be emailed 48 hours in advance.

All 2020 Dates are Listed Below:

- **Hiking Training Dates** (1 day required): Wednesday, June 24th and Sunday, June 28th in Squaw Valley from 8:00am-12:00pm
- **Program Dates with Participants:** July 8th, 12th, 22nd, 26th; August 5th, 9th, 19th, 23rd; September 9th, 13th, 23rd, 27th, 2020
- **Community Hikes for Volunteers Only- Friday evenings from 5:00pm to 7:00pm:**
 - July 10th - Tahoe City Nordic Center
 - July 24th - Tahoe Meadows
 - August 7th - Tahoe Donner
 - August 21st - East Shore Trail
 - September 11th - Homewood
 - September 25th - Legacy Trail